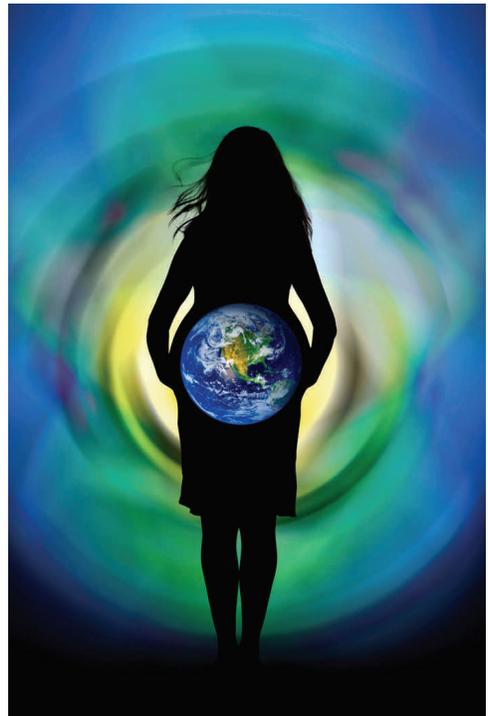


A MOTHER'S TOUCH

MASSAGE
DOULA SERVICES
LACTATION
COUNSELING
ENERGY WORK

109 N. Main Street
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GENEVIEVE NEEDHAM

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Massage and beyond...

Genevieve has been practicing the art of massage and body work for ten years. She received her training at The St. Croix Center for the Healing Arts in Hudson, WI. There she learned an integrative method of massage one that touched on a variety of the different styles of massage from around the globe. Aromatherapy, Acupressure, Esalen, Swedish, and sports/deep tissue just to name a few. She also attended classes for pregnancy and infant massage.

After the birth of her two sons two new passions arose from her experiences as a mother. One being the need and benefit of pregnancy, birth and post partum support for women in her community which inspired her to become a Doula. Doulas are trained to support a mother and her partner through pregnancy by helping gather information, form a birth plan and listen to their fears and concerns about birth and becoming parents. As a birth doula she is available to offer physical and emotional support, encouragement and consistency through the entire birthing process.

Genevieve also attended a course in lactation counseling to offer post partum assistance to moms in those very precious fragile days following birth. Helping to initiate good breastfeeding skills from the beginning to ensure successes for both mom and baby in this important first year of life. The health benefits of breast feeding are so amazing, although they are still not fully understood by science which continues to explore its benefits. Genevieve's passion to share such wonderful information lead her to start a lactation support class for breastfeeding moms to attend free of cost.

There topics that are relevant to moms and babies are discussed ranging from the benefits for breastfeeding, teething, to starting solids. She also is available to answer questions and concerns moms have about breastfeeding any time and is willing to make house calls to observe any problem that may arise.

In June of 2007 she began training in energy work to further her understanding of healing. This addition has allowed her to offer another level of skills to her clients as they go down their own path of health and healing. It is her desire to help facilitate a deeper understanding of ones self on both physical, emotional and spiritual levels and to incorporate this into her massage and doula services. She has already noticed the benefits of the energy work with those she has had the privilege to practice on.

Genevieve currently shares space at Horizon Family Chiropractic where she works with Dr. Amy Schreiner who specializes in pregnancy and pediatric care. Babymoon is also held in Dr. Amy's space twice a month. To schedule an appointment for massage or energy work you can call Genevieve directly or call Horizon Family at 715-426-4774. If you have any question about doula services, lactation counseling or baby moon please call 715-441-1080.

